Using Community Based Instruction to Teach Communication Skills

What is the level of evidence?

This is a Promising Practice based on one acceptable quality group study and one acceptable quality single subject study.

Where is the best place to find out how to do this practice?

The best place to find out how to implement community-based instruction is through the following research to practice lesson plan starter:


With who was it implemented?

- Students with
  - Moderate, severe, to profound intellectual disability (1 study, n = 15)
  - Deaf-blind and intellectual disability (1 study, n = 5)
- Ages ranged from 13 - 21
- Males (n=11), females (n=4)
  - Gender not reported (1 study, n = 5)
- Ethnicity
  - None reported (2 studies, n = 20)

What is the practice?

Community based instruction is teaching functional skills that take place in the community where target skills would naturally occur (Brown et al., 1983).

In the studies used to establish the evidence base for community based instruction to teach communication skills CBI:

- occurred in multiple vocational training settings in the community (Heller, Allgood, Ware, & Castelle, 1996)
- followed simulated instruction (Westling, Floyd, & Carr, 1990)
How has the practice been implemented?

- CBI paired with a system of least prompts was used to teach individuals to use communication boards with co-workers and supervisors at vocational training sites (Heller et al., 1996)
- Small group instruction using role-play and demonstration of communication skills necessary for making purchases immediately preceded community-based instruction in a department store using response prompts (i.e., task analysis) and least to most prompting by the teacher (Westling et al., 1990)

Where has it been implemented?

- Amusement area (1 study)
- Department store (1 study)
- Drugstore (1 study)
- Greenhouse (1 study)
- Grocery store (1 study)
- Hair salon (1 study)
- Hospital (1 study)
- Restaurant (1 study)

How does this practice relate to Indicator 13?

- Indicator 13 Checklist Item #3: Teaching social and communication skills in the community may reflect results of transition assessment information
- Indicator 13 Checklist Item #4: Community based instruction on communicating may be a transition service designated in an IEP that will enable a student to meet his or her postsecondary independent living goal(s)
- Indicator 13 Checklist Item #6: Teaching social and communication skills using CBI may be part of an IEP goal that supports a student’s postsecondary independent living goal(s)

How does this practice relate to Common Core Standards?

- Comprehension and Collaboration (Anchor Standards for Speaking and Listening, Grades 9 – 12)
  - Adapt speech to a variety of contexts and communicative tasks, demonstrating command of formal English when indicated or appropriate. English Language Arts – Anchor Standards – Speaking and Listening
How does this practice relate to the State’s Career Cluster Initiative: Essential Knowledge and Skills?

- Select and employ appropriate reading and communication strategies to learn and use technical concepts and vocabulary in practice (Communications)
  - Select the reading strategy or strategies needed to fully comprehend the content within a written document (i.e., skimming, reading for detail, reading for meaning or critical analysis)

References used to establish this evidence base:
